



Osteoporosis information session

Have you been referred by a doctor or team looking after you?

Are you interested in finding out more about how you can reduce the risk of fractures or future fractures?

Do you want to check that you are doing the right thing?

Please join us to find out more

23rd Nov 2023	14:45-16:15	Swadlincote Emmanuel Church Hall, Church Road DE11 8LF
16th Jan 2024	14:00-15:30	Duffield, Belper The Weston Centre, Tamworth Street DE56 4ER
18th Mar 2024	10:00-11:30	Sinfin/Sunnyhill venue tbc
17th May 2024	14:00-15:30	Ilkeston Charnos Hall, Ilkeston Community Hospital DE7 8LN
July 2024 date and time tbc		Hatton/Hilton venue tbc
16th Sept 2024	17:15-18:45	Ashbourne St Oswald's Hospital, Clifton Road DE6 1DR

Further sessions to be announced

Please contact 01332 787031 or email uhdb.bonehealth@nhs.net for more details or to register your interest (this is not required but will allow us to provide adequate refreshments).

We suggest you contact us if there are specific requirements.

We suggest you call the day before the event to ensure there are no alterations