

IMPORTANT INFORMATION FOR PATIENTS



MOUNJARO (TIRZEPATIDE) FOR WEIGHT LOSS ON THE NHS

We are aware that recent media coverage has reported that Mounjaro is now available under the NHS.

The local NHS is aiming for this drug to be available to those eligible later in the year, but it is paused whilst local clinics for Derby & Derbyshire are being set up. The aim is to put in place local community-based clinics to meet areas of greatest need. This is being organised by the Derby & Derbyshire Integrated Care Board (ICB) who have responsibility for this.

At present, **PLEASE DO NOT CONTACT** the GP Practice if you think you are eligible as this will not be available in Derby & Derbyshire until later in the year.

We will publish more information here as soon as it becomes available. You are also able to keep up to date with the latest information via <https://joinedupcarederbyshire.co.uk/stay-well/tirzepatide/>

ONCE AVAILABLE – WHAT IS THE ELIGIBILITY CRITERIA?

It is important to understand that this will ONLY be available to a limited group of patients and not available for general or cosmetic weight loss purposes.

You may ONLY be eligible if you meet the following criteria:

- Aged 18 years or older
- Have a Body Mass Index (BMI) of 40+, or 37.5+ if you're from a Black, Asian, or other minority ethnic background

AND have been diagnosed with **at least four** of the following long-term conditions:

- Type II diabetes
- Hypertension (High Blood Pressure)
- Heart disease
- Obstructive Sleep Apnoea
- Abnormal body fats (Dyslipidaemia)

HELP US PRIORITISE MEDICAL NEED — Please do not contact the practice to request weight-loss medication until we have provided further updates.

